

START TODAY

By Bertha Sithole
Begin Your Dreams

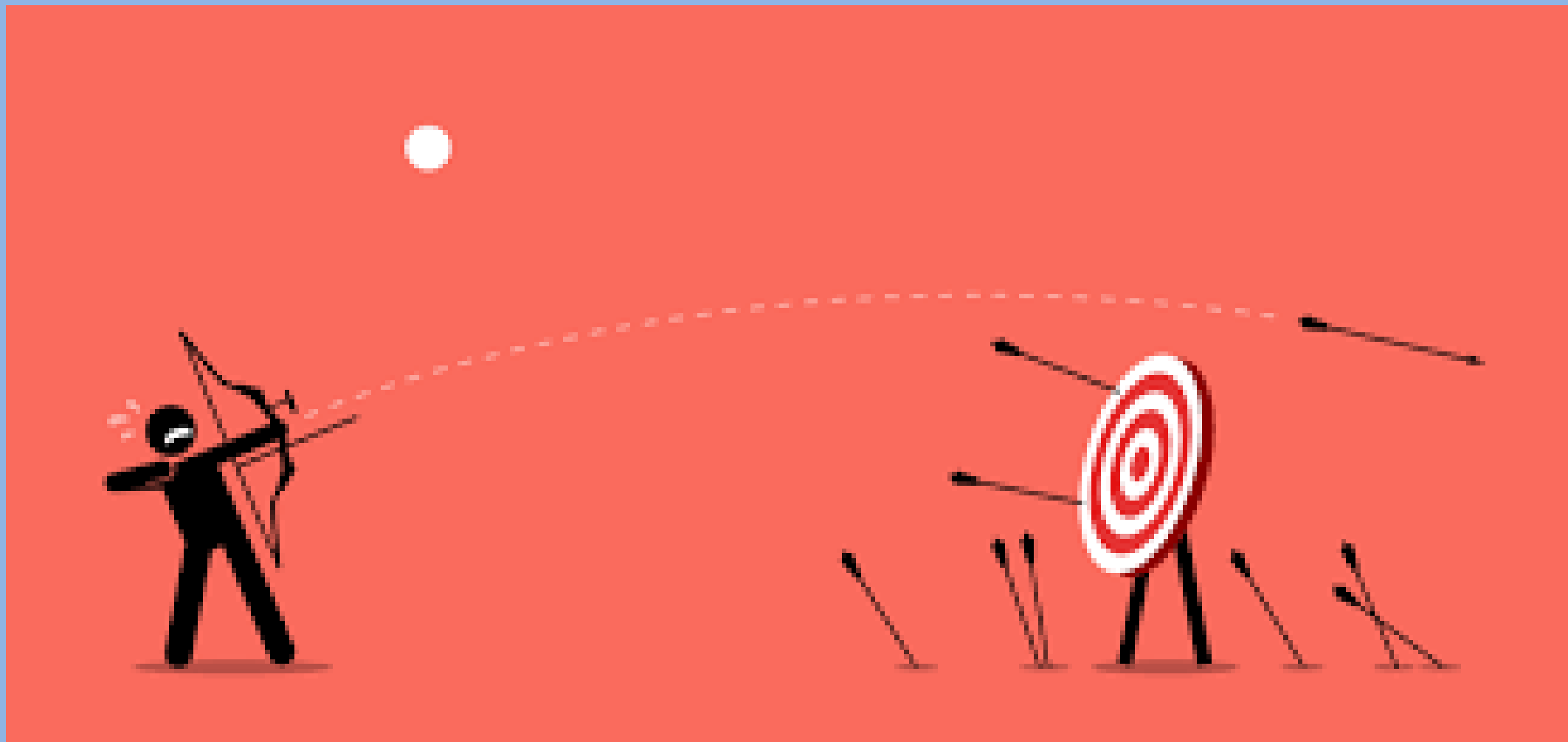


Last year I took swimming lessons with Sluga. Believe me, that investment was worth it. I learned a new skill and I now have so much confidence in water! I get to explore.



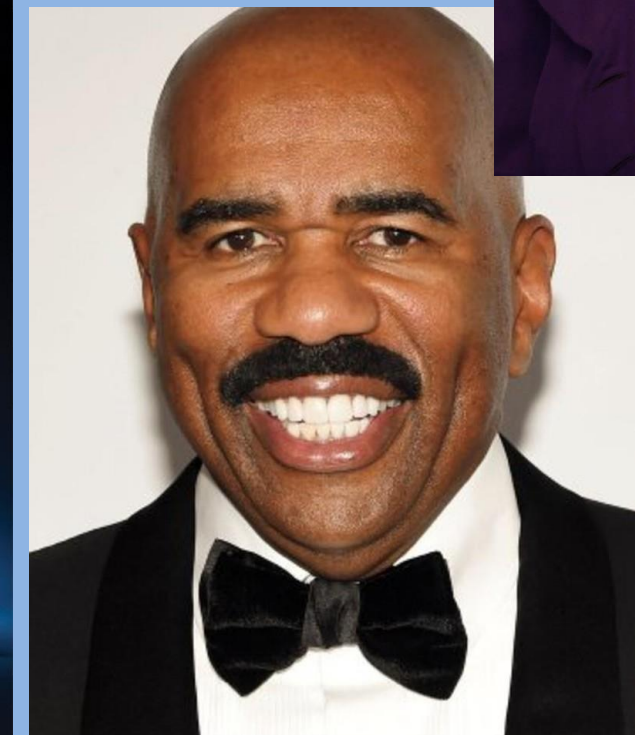
FAILURE

- What is failure?
- What is success?
- How do you feel when you fail and why do you feel that way?



Learning from failure

1. Oprah Winfrey was fired from her 1st job
2. Bill Gates's first company was a disaster
3. Walt Disney was fired from a newspaper for lack of creativity
4. Arianna Huffington was rejected by 36 publishers
5. Steve Harvey was homeless
6. Tyler Perry was homeless
7. Bertha Sithole was broke and unemployed
8. You



Learning from failure

Failure hurts. You cannot do the same thing over and over and expect different results. Failure is the best teacher.

1. Resilience – it helps you build a growth mindset. It helps you grow grit, tenacity, and motivation.
2. Humility – it keeps us humble, especially in leadership. Drop your ego.
3. Flexibility – change your plans. You learn how to overcome situations.
4. Innovations & Creativity – Edison & the light bulb. He had to be creative to innovate 10,000 times.
5. Motivation – you want to achieve your goals, you want to do better.
6. Create habits – start today.

