



info@beginyourdreams.africa
<https://beginyourdreams.africa/>

Begin Your Dreams Starter Guide

Welcome. If you are here, it means you are ready to start. Not tomorrow. Not next month. Now! Congratulations for taking the first step.

Step 1: Get Clear

Take a moment and answer honestly:

- What do I want?
- What is not working in my life right now?
- What would I like to change in the next 30 days?

Step 2: Choose One Focus

Do not try to fix everything at once.

Choose ONE area:

- Income / Business
- Personal growth
- Education / Skills
- Health / Lifestyle

Step 3: Define One Goal

Write ONE clear goal for this month:

Example:

I want to start my small business

I want to go to university

I need a job



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Step 4: Take Action

Break your goal into 3 simple actions that you can do in 30 days to achieve that goal;

1. _____
2. _____
3. _____

Step 5: Start Today

Do not wait for motivation.

Do not wait for money.

Do not wait for the perfect time.

Start with what you have.

Begin Your Dreams
Rethink Your Future

Best, Bertha